



Coupe Green
Primary School
HOUGHTON

Relationships and Sex Education Policy

Introduction

Coupe Green Primary School believes that its pupils have a right to the highest quality relationship and sex education (RSE) as part of the overall PSHE education and science curriculum. Through this we will help them to develop the knowledge, skills and understanding they need to lead confident, independent and healthy lives. RSE will, as far as possible, support the importance of stable relationships for family life and bringing up children. Within this the school will ensure there is no discrimination of children based on their different home circumstances, gender, ability, ethnicity, religion, language, or physical ability. All pupils within school will have the same opportunity to realise their potential.

AIMS

The aims of relationship and sex education at Coupe Green Primary School are:

- To ensure Sex and Relationships Education is part of a child's broad, balanced curriculum, and is taught with respect and sensitivity.
- To assist children in preparing for adult life by supporting them through their physical, emotional and moral development.
- To enable children to understand themselves, respect others and form and sustain healthy relationships.
- To prepare children for healthy relationships in an online world.
- To understand how to stay safe, know the importance of boundaries and how to report abuse or feelings of being unsafe.
- To help pupils develop a positive and secure personal identity, a sense of their own value and feelings of confidence and empathy.
- To create a positive culture around issues of sexuality and relationship.
- To understand and use vocabulary in an appropriate way.

Definitions

Relationships Education is the programme of work that forms part of the basic curriculum. It covers all types of relationships including online, peer to peer, family and carer relationships. It also covers respect for others and staying safe.

Sex Education is a programme of work that covers loving relationships, sexual health, contraception, puberty, human reproduction, pregnancy and periods.

Health Education is a programme of teaching about puberty, physical health and fitness, healthy eating, mental well-being, drugs, alcohol and tobacco.

The Science Curriculum covers human reproduction (see appendix 1).

INTENDED OUTCOMES

As a result of our RSE programme of learning (taught as part of our PSHE curriculum), pupils will be taught about the following by the end of primary school:

RELATIONSHIPS EDUCATION

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

PHYSICAL HEALTH AND MENTAL WELLBEING

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Drugs, alcohol and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body

STATUTORY REQUIREMENTS

This school complies with the requirements of the Equality Act and the Public Sector Equality Duty in addition to complying with the statutory guidance on Relationships Education, Sex Education (RSE) and Health Education.

POLICY DEVELOPMENT

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review – a member of staff compiled all the relevant information including national and local guidance.
2. Staff consultation – school staff were given the opportunity to look at the policy and make recommendations.
3. Parent/stakeholder consultation – parents and any interested parties were invited to review and feedback on the policy.
4. Pupil consultation – we investigated what exactly pupils want from their RSE.
5. Ratification – once amendments were made, the policy was shared with governors and ratified.

PARENT'S RIGHT TO WITHDRAW

Parents have the right to request that their child be withdrawn from some or all of sex education delivered as part of RSE. Parents will be informed in writing prior to the lessons taking place. Requests for withdrawal should be put in writing and

addressed to the head teacher. A copy of the withdrawal request will be placed in the pupil's educational record. The head teacher may arrange a meeting to discuss the request with parents and, where appropriate the child, and take appropriate action.

Parents **cannot** withdraw their child from any part of Relationship Education as this now forms part of the basic curriculum and is a requirement of the government's statutory guidance.

Alternative work will be given to pupils who are withdrawn from Sex Education.

ROLES AND RESPONSIBILITIES

The governing body will approve the RSE policy and hold the head teacher to account for its implementation.

The head teacher is responsible for ensuring that RSE is taught in a carefully sequenced way within a planned programme, and for managing requests to withdraw pupils from sex education.

Staff are responsible for; teaching the RSE programme of study and delivering all lessons with sensitivity; modelling positive attitudes towards RSE; responding appropriately to the needs of individual pupils and to pupils whose parents wish them to be withdrawn from non-statutory sex education.

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity

TRAINING

Staff are trained on the delivery of RSE during regular staff meetings. The headteacher may invite visitors, such as school nurses or sexual health professionals, to assist with the delivery of RSE or to train staff. Any visitors will follow the school policy and deliver in line with the ethos of the school.

MONITORING ARRANGEMENTS

The delivery of RSE is regularly monitored through: planning and work scrutinies, learning walks and pupil interviews.

APPENDICIES

Appendix 1 – National Curriculum Science Programme of Study
https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/425618/PRIMARY_national_curriculum_-_Science.pdf